



*Presents Green Living / Sustainability Workshops*

## ICC Adult Community Programs

To register go online - [www.icc.edu/acp](http://www.icc.edu/acp), by phone at 309-690-6900  
or in person at any ICC Campus in Student Services

# Low Carbon Diet

Tuesday, Sept 20th. 6:00pm (2 hrs)

- Instructor: Todd Abercrombie.

**Learn practical, accessible and effective ways to save money, save energy and save the planet.**

The “Low Carbon Diet” is based on a book by David Gershon that focuses on what an individual, a homeowner, a family, a school, a community can do to be a part of the global warming solution. The “Low Carbon Diet” is an easy to use, how-to plan for making changes in your energy consumption habits.

Other classes to look for...

### **Astronomical Factors Driving Climate Cycles**

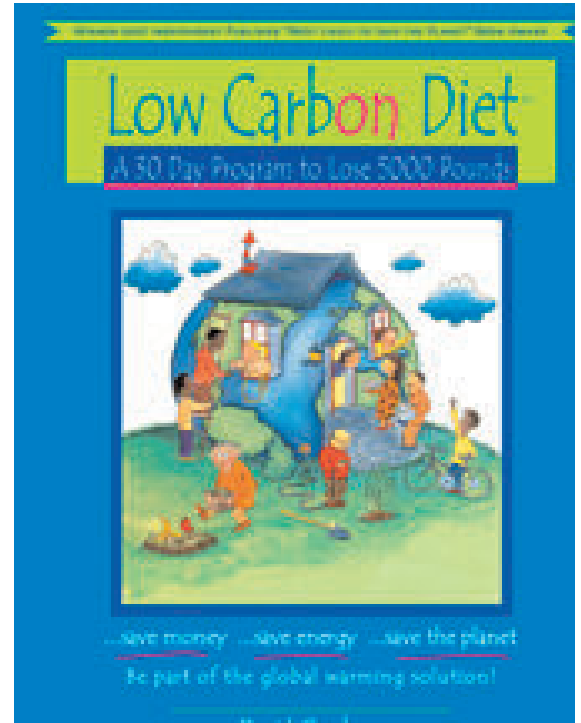
Tuesday, Oct 11th. 6:00pm (2 hrs) - Instructor: Sheldon Schafer.

### **Climate Change 101**

Tuesday, Nov 8th. 6:00pm (2 hrs) - Instructor: Melissa Hulting

### **Going Green 2.0**

Tuesday, Dec 6th. 6:00pm (2 hr) - Instructor: Barbara Pierce Drew



#### **Instructor Bio:**

Todd Abercrombie is President of EverGreen Home Energy Consultants, Inc. He is certified by the Building Performance Institute as a home energy auditor.

Todd is also a volunteer with several groups in the area: Global Warming Solutions Group, the Friends of Rocky Glen, and the Heart of Illinois Sierra Club. He is also a green blogger.

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## Instructor Bios

### **Todd Abercrombie**

Low Carbon Diet

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### **Sheldon Schafer**

Astronomical Factors Driving Climate Cycles

Tuesday, Oct 11th. 6:00pm (2 hrs)

Sheldon Schafer is currently the VP of Education and Planetarium Director at Lakeview Museum of Arts & Sciences, where he has been for 35 years. He has a BS in Astronomy from The Ohio State University and an MS in Science Education with a concentration in Astronomy & Planetarium Education from Wagner College in NYC. He has also taught introductory Astronomy at Bradley University for 31 years. While at the museum he researched and presented his first planetarium show investigating climate change in 1988, and the astronomical drivers of climate change have been in his astronomy course curriculum for nearly as long.

### **Melissa Hulting**

Climate Change 101

Tuesday, Nov 8th. 6:00pm (2 hrs)

Melissa Hulting is the climate change coordinator at the U.S. Environmental Protection Agency (EPA) Region 5 office in Chicago. She is responsible for coordinating Region 5's climate change activities, works to inform others about climate change science and policy, and promotes opportunities to reduce greenhouse gas emissions, particularly through EPA's partnership programs. Prior to this position she worked in EPA's Great Lakes National Program Office on monitoring and reduction of persistent toxic chemicals in the Great Lakes. Melissa, a native of East Peoria, has a B.S. in Biology from the University of Illinois at Urbana-Champaign and a M.S. in Environmental Management and Policy from the University of North Carolina at Chapel Hill.

### **Barbara Pierce Drew**

Going Green 2.0

Tuesday, Dec 6th. 6:00pm (2 hr)

Barbara Pierce Drew, a Peoria-based freelance writer, copy editor and marketing communications professional, has devoted the past decade to studying all aspects of environmental sustainability, sustainable design and urban planning. She has worked for the Journal Star and Lutheran Social Services of Illinois. Prior to working in central Illinois she was a public relations representative for the St. Louis Public Schools, the St. Louis Public Library and a large Missouri bank. When she is not carpooling her children, she drives a vintage midcentury-modern Schwinn, which the Bushwacker folks tell her is a great bike.